vearth survival protocol

(type: inbetween containment | clearance: personal) if you're reading this, you're still halfway here. stay with us. [OK] say your name out loud. if it sounds wrong, say it again. [OK] check the time twice. stuck clocks. repeating numbers. those are signs. [OK] touch something real. wood. coin. stone. skin. doesn't matter. just ground. [OK] eat something warm and messy. avoid anything too clean, too perfect. it's probably fake. [OK] write these down (don't skip this step): - your birthday - your favorite food - one person who loves you [OK] walk like you know where you're going. don't pause in doorways or mirrors. [OK] test reality with toast. ask someone how to make it. if they can't, walk away. [OK] leave a trail. string, marks, drops of scent. vearth loops back. [OK] stay curious. stay uncomfortable.

do not under any circumstance:

if it feels too safe, it isn't.

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[NO] do not sleep without safeguards. set alarms. leave notes. tell someone your name before.

[NO] do not echo what void-things say. they mimic to learn you. resist the rhythm.

[NO] do not forget your name. if it starts to fade, write anything. repeat it. reclaim it.

you are real. this is real enough. earth remembers you. so do we.
